

Forest School Activities

Identify animal footprints and track where they lead.

[https://www.wildlifetrusts.org/how-identify/identify-tracks?](https://www.wildlifetrusts.org/how-identify/identify-tracks?gclid=EAlaIqobChMIsrLBi_h7glVN4BQBh2W0AQOEAAAYASAAEgJ0d_D_BwE)



Become a twitcher and spot some birds.

https://www.rspb.org.uk/globalassets/downloads/wildchallenge/activity-sheets/english/770-0214-18-19-wild-challenge_go-birdwatching.pdf



Be a Blindfolded Explorer and Guider. Discover your outdoor surrounding and see how good your sense of place is without your sense of sight. You only need a scarf/blindfold. You could set up a nature obstacle course for your family.

Go Cloud Gazing on a blue sky cloudy day, lay on your back and relax. Can you see a dolphin or a dragon? Maybe you can see a unicorn or a dog? Make up a story about what you can see and share with your family.

Forest Bathing is an activity with no activities. It's not exercise or walking or investigating. It is simply spending time in and with nature, letting it invade our being using all of our senses..breathe!



Fashion a leaf crown to wear and become Queen/King of the forest.

Build a Den or Shelter using natural materials.



Try building nests for animals or yourself.



Upload photos to your class blog or Tapestry



GIANT NEST BUILDING

FAMILY DAYS HERE & THERE

MANDALA ART
for forest schools